



Get A Grip Mountain Biking

4 Bensgrove Close, Woodcote, Reading, RG8 0SJ

www.getagripmountainbiking.co.uk



Booking Form

Please make cheques payable to: Rachel Davey

Your Details

First Name _____ Last Name _____
Date of Birth _____
Address _____

Postcode _____
Telephone _____ Mobile _____
E-mail _____

Your Experience and Expectations

Please give details of any experience you have of off-road riding:

What would you like to achieve by coming on a course with Get a Grip Mountain Biking?

Course Details

Course:

Venue:

Date:

Time:

Cost:

Declaration

I declare that I am medically fit to participate in the above course and agree that my instructor, the organisers, agents, landowners or any other persons connected with the course / guided ride shall not be held responsible for any damage, injury, fatal accident or loss of property sustained as a result of my participation. I confirm that my bike is suitable for off-road riding, is in good working order and I shall wear a cycle helmet at all times whilst under instruction. I agree to ride in a careful and responsible manner showing due concern for myself, other participants and trail users at all times.

Signed _____ Print Name _____ Date _____

(To be signed by Parent or Guardian if under18)

Cancellation Policy

Full refund less 20% of course fee if more than 14 days notice given. 50% refund if between 14 and 7 days notice given. No refund if less than 7 days notice given or no-show on the day.